



Amy Weaver and Kelly Bonice, Co-Directors

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Rio Grande, Ohio 45674

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“Rio Helping Hands, For the Rio Community”

Hours of Operation: Monday-Friday 8-11 AM; 1-5 PM

FOOD DONATIONS



CANNED FOOD

Fruits
Vegetables
Beans
Soups
Lentils
Tomato Sauce
Ravioli
SpaghettiOs
Vienna Sausages
Spam
Chili
Sardines
Tuna
Chicken
Fruit Juice



DRIED FOOD

Dried Fruit
Trail Mix
Granola Bars
Peanuts
Mixed Nuts
Cheese Crackers
Peanut Butter Crackers
Ramen Noodle Soup
Mac and Cheese
Pop Tarts
Oatmeal
Chips and Pretzels
Goldfish Crackers
Instant Mashed Potatoes
Popcorn
Pancake Mix
Pasta or Rice



OTHER FOOD

Applesauce
Fruit Snacks
Fruit Cups
Peanut Butter
Jelly
Pasta Sauce
Honey
 pudding Snack Packs
Jello Snack Packs